

# COMMUNITY NEWSLETTER // FALL 2016

Let's start talking...

Join a community consultation with the



## WE WANT TO HEAR FROM YOU!

We'd love your input during our community consultation, taking place until October 31. Your feedback will help us refine our programs and goals.

### HERE'S HOW YOU CAN PARTICIPATE:



**Got 5 minutes or less?** Text your answers to our survey at 778-200-7601 – see the Let's Talk insert.



**Prefer the written word?** Fill in the paper survey inserted here and drop it in any mailbox, or at our Community Program Office, the City of Trail or Warfield Village Office.



**Like face to face?** Register for our focus group, Thursday, October 13th from 5:30pm to 8:30pm. Contact our Community Program Office for more information and to sign up (see below).



**Part of a group?** You can also request an in-person presentation to your group or organization.



**Have lots to say?** Complete our detailed survey at [www.thep.ca](http://www.thep.ca) or contact us for a paper copy.

Want more information? Visit our Community Program Office at 1319 Bay Avenue, Trail, or contact us at (250) 368-3256, or [programs@thep.ca](mailto:programs@thep.ca)

WWW.THEP.CA



## CHILDREN'S LEAD TESTING CLINICS

Children's lead testing is offered to all children aged 6 to 36 months living in Trail and Rivervale. Testing is also available for children up to 60 months of age who have just moved to Trail or Rivervale, or who live in homes undergoing renovations (now or recently) anywhere in the Lower Columbia region. All testing takes place at the Kiro Wellness Centre, 1500 Columbia Avenue, Trail BC. To book or change an appointment, please call Jeannine Stefani at (250) 364-6223. Clinic dates and times are as follows:

**September 12 (Mon), 13 (Tues), 19 (Mon) and 26 (Mon)**

9:00 a.m. – 4:00 p.m.

**September 21 (Weds) & 27 (Tues)**

11:00 a.m. – 6:00 p.m.



## AGES & STAGES DAY

The Family Action Network (FAN) is offering a free Ages & Stages Day on Tuesday, October 25 at the Kiro Wellness Centre, 1500 Columbia Avenue in Trail from 10 am to 6:00 pm. On-site services for kids up to 6 years old include hearing, dental and speech. Come and meet service providers and get a snapshot of your child's age-based milestones. Ask questions about topics like sleeping, eating, walking, and talking! There will be fun play activities for children. Pre-registration is a must. For more information or to book an appointment, please call 1-855-368-3707 or email Christy Anderson, FAN Executive Director at [coordinator@familyactionnetwork.ca](mailto:coordinator@familyactionnetwork.ca)



## REACHING OUT TO A WIDER AUDIENCE

Starting with this newsletter, we are expanding our newsletter's outreach to residents of Warfield, Oasis, Casino and Waneta. We hope that you will enjoy our events listings, program updates, health tips and other news!



### WE OFFER THESE PROGRAMS IN YOUR FOUR COMMUNITIES:

- Targeted lead testing for children aged 6- 36 months every five years
- Lead testing by request for children aged 6 – 60 months at regular clinics
- Health education, outreach and family case management
- Free lead-safe home renovation information, supplies and equipment loans for homeowners and tenants renovating pre-1976 homes
- Soil assessment requests reviewed case-by-case outside Trail and Rivervale

Here's a map showing our original (dark green) and expanded (lighter green) newsletter areas.



### MEET TIFFANY ARMSTRONG: COMMUNITY REPRESENTATIVE ON OUR COMMITTEE

We'd like to introduce you to Tiffany Armstrong, a community representative on the Trail Area Health & Environment Committee.

In Tiffany's word: "I got involved with the THEC because my family has benefitted from their programs and I wanted to make sure other families would get the same opportunity. When we first moved to Trail, I found out I was pregnant and also learned about the lead issues. I was upset at the thought of having my baby's blood lead level tested and the effects that lead could have on my young family. The THEP staff and Public Health nurse were very helpful and made me feel better. They helped me realize there were many things we could do to reduce the risks and they gave us the tools.

When I joined the THEC, I learned more about the programs and efforts to reduce the amount of lead in the environment. There have been many improvements, and the goals are often updated so that lead levels continue to improve. I am happy to be a part of this committee and its future."



*Derek & Tiffany Armstrong with their two sons, Liam and Kallum*

# AIR QUALITY



## IMPROVING COMMUNITY AIR QUALITY

Teck Trail Operations recently hosted members of the Trail Area Health & Environment Committee, Program team members, Trail Council and residents of Tadanac for a tour of their newly completed Smelter Recycle Building. The new building, a cornerstone of the Fugitive Dust Reduction Program, will enclose mixing and storage of in-process materials, which will reduce offsite dusting and improve community air quality. The building will build on previous dust reduction measures and is expected to further reduce total fugitive dust emissions from Trail Operations by an estimated 25%.



Teck's Bill Jankola (left) explains the inner workings of the dust collector, which filters out all the dust from the building's ventilation system prior to releasing outside. Watching Bill are Teck Trail General Manager Thompson Hickey, THEC Chair Mayor Mike Martin, and THEP Program Team members Liz Anderson, Andrea McCormick and Bruce Enns.

## RADON TESTING TIME

Radon is a naturally occurring radioactive gas that can accumulate in homes and cannot be smelled, tasted, or seen. It is the second leading cause of lung cancer. Some homes in the West Kootenays test above Health Canada guidelines and you can't predict the levels in your home; the only way to know is to test. Homes can be retrofitted to reduce radon levels to within guidelines. The best time to test for radon in your home is over the fall, winter and early spring, when doors and windows are shut. We have test kits at the Community Program Office, 1319 Bay Avenue, for a suggested \$15 donation to cover costs. The Donna Schmidt Memorial Lung Cancer Prevention Society provides tax receipts for donations.

