



TRAIL AREA

Health & Environment Program

FREE PROGRAMS

Healthy Families

A public health nurse is offering a home visit to all families in Trail and Rivervale with children 12 months of age or younger. This is an opportunity to answer parents' questions and show simple ways to promote children's health and wellbeing, and prevent lead exposure.



Healthy Homes

Our home and garden team has a comprehensive program for Trail and Rivervale families who are expecting children or have children 36 months of age or younger. We offer soil testing and a home visit with information and advice on easy ways to keep the home healthy and dust-free, home renovation support, and yard & garden advice.



WORKING TOGETHER

Creating a healthy environment



HEALTHY FAMILIES

**Family Health Program, Interior Health
Kiro Wellness Centre**

1500 Columbia Ave, Trail, BC
phone: (250) 364-6223

Text your public health nurse:
(250) 231-5945

Healthy Families In-Home Visit

DATE: TIME:

HEALTHY HOMES

**Trail Area Health & Environment Program
Community Program Office**

1319 Bay Avenue, Trail
phone: (250) 368-3256
email: programs@thep.ca

Healthy Homes In-Home Visit

DATE: TIME:

CONTACT:



Visit us at www.thep.ca