

Healthy Families Healthy Homes Survey 2023-2024

Summary of Findings

April 15, 2025

To find out more about how the Healthy Families Healthy Homes (HFHH) program work is perceived in the community, THEP sent a survey to 129 families who participated in HFHH from 2023 to 2024. Respondents were from a variety of neighbourhoods, with the highest number of people participating from Glenmerry, West Trail, Warfield, Sunningdale and East Trail.



95% of respondents said the home visit was helpful.

Respondents generally rated the in-person visits (95%) as more helpful than virtual visits (58%) in reducing health risks from lead or potential exposure to lead.

The most common **THEP programs respondents participated in** were blood lead testing clinics (86%) and soil testing (80%), followed by soil management (48%), with a smaller number participating in the Lead Safe Renovation program (9%).



95% of respondents said the program was a trusted source of knowledge.

On a scale of 1-4, 95% of respondents selected option 3 or 4 indicating the HFHH program was a **trusted source of knowledge**. Most people (84%) selected option 4, “a lot”. This indicator is part of the health section of THEP strategic plan 2022-2027.



89% of respondents said that **participating in the HFHH program empowered them to take steps to improve the health of their home and/or family**. This exceeds the milestone of 80% in the built environment section of the THEP strategic plan 2022-2027.

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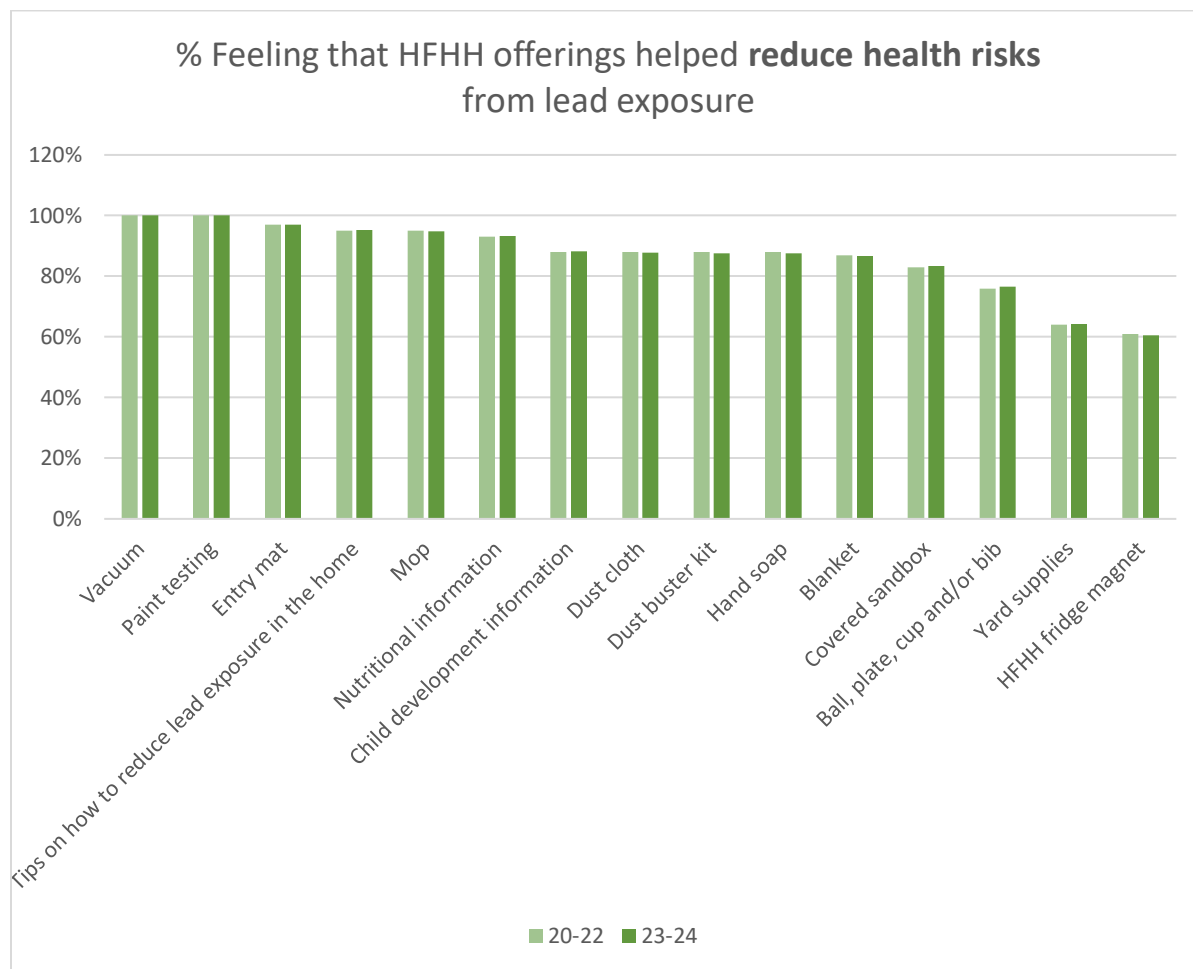
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Information and Actions

82% of respondents indicated that **they gained information** from HFHH services and offerings, with only 16% responding that they gained little to no information. 55% of respondents said they **learned about other community programs** from the home visits.

Not all participants received the same services or offerings, so the survey results regarding what was most helpful reflected the most common offerings, such as health tips, hand soap, and an entry mat. The services and offerings that most **helped respondents reduce health risks** from potential to exposure to lead are shown in the graph below. The graph also includes previous survey results from 2020-2022, demonstrating consistent responses over the years.



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When asked about what **changes participants made in their home as a result of home visits**, the most common responses were eating iron rich foods, wet mopping floors, vacuuming and damp dusting, as well as hand washing.



Eating iron rich foods has been emphasized by the program based on findings from the 2020 Evaluation Report. The survey results indicate success in this endeavour since 81% of respondents indicated that they made changes to increase the amount of iron rich foods in their children's diets.

Questions? Contact programs@thep.ca.