



For more than 30 years, community has been at the heart of our partnership with government, industry, and the City of Trail to reduce exposure to lead in our area.

Bring your voice to the THEC table!

Join the next Committee meeting May 7th, 7-9pm at Trail City Hall.



Avoid dry sweeping with a broom because it stirs up dust.



Vacuum & damp mop often focusing on entryways, ledges, countertops, and play areas.

Clean often to reduce lead dust.



Take shoes off at the door and use door mats.



Keep work boots, clothing, and lunch kits away from kids.

Dear THEP Team,

Sunshine Children's Centre is incredibly grateful for your generous donation of the high-quality "Henry" vacuum and mopping system—now affectionately named "Sally" by the children!

We also deeply appreciate the time you took to educate the staff about lead testing and best practices for maintaining a lead-safe centre. Your proactive approach to community health is truly commendable and exemplifies the caring spirit of Trail.

Your generosity and dedication make a lasting impact on our community.

*With sincere gratitude,
Sunshine Children's Centre*

*** A MESSAGE FROM SUNSHINE CHILDREN'S CENTRE**



Above: Sunshine Children's Centre staff and children with the vacuum and mopping system provided by THEP.

LET'S BUST SOME MYTHS!

CURIOUS ABOUT YOUR HOME AND YARD?

Sign up for all programs online at thep.ca or call the office 250.368.3256.

MYTH: MY YARD SOIL HAS BEEN REPLACED, SO I DON'T NEED TO GET MY CHILD'S BLOOD LEAD TESTED ANYMORE. BUSTED

Soil is one of many sources of lead (Pb) in the environment. Children can be exposed to lead from other sources such as indoor dust, deteriorating paint, imported toys and ceramics, and dust brought home from work or hobbies.

Blood lead testing ensures that children with elevated blood lead levels are identified and provided follow-up care. As a community, blood lead testing also helps monitor our overall progress in reducing lead exposure in the Trail area.

MYTH: MY BABY IS BREATHING IN LEAD. BUSTED

Ingestion is the main contributor to lead (Pb) exposure and the most important pathway to manage through hand washing, cleaning, and reducing exposure to lead in dust and soil.

Accidental ingestion of lead is the main route of lead exposure for children, and the route that most commonly leads to elevated blood lead levels.



Always wash fruits and vegetables and peel root crops before eating.



MYTH: LEAD PAINT WAS DEALT WITH IN THE 90'S AND ISN'T A CONCERN ANYMORE. BUSTED

Lead (Pb) based paint can't be purchased anymore however it still exists in many homes built before 1990. Lead in paint becomes a risk when the paint is in poor condition or disturbed during renovations. In addition to soil, THEP now tests exterior paint in the yard during Soil Assessments. Lead is often detected on older homes.



Lead in paint is a hazard when chipping, peeling or disturbed during renos.

MEET NOLAN DEROSA: THEP'S RESIDENTIAL SOIL MANAGEMENT PROGRAM

Nolan DeRosa has returned to Trail, bringing fresh perspective and expertise to THEP's Soil Management Program. Despite never expecting to move back to his hometown, the opportunity to work with THEP and be closer to family proved irresistible.

Since relocating from Calgary last year, DeRosa and his wife have embraced Trail's outdoor lifestyle, enjoying the accessibility of activities like hiking, fishing, and biking – all within a 15-minute drive from their home. "Being back in the mountains has been amazing," he shares.

In his role, Nolan focuses on collaborating with homeowners and contractors to develop and implement effective soil management plans at prioritized properties. He particularly enjoys the personal aspect of his work.

Looking ahead, DeRosa is enthusiastic about tackling difficult access properties through innovative approaches and contractor collaboration, and effectively managing soil exposure risk at all prioritized properties.

"Creating a plan with a homeowner, overseeing the execution of it, and seeing the end result is satisfying, especially knowing we're helping reduce lead exposure risk to young children."

NOLAN DEROSA



BEFORE



DURING



AFTER



COMMUNITIES IN BLOOM 2025 THEME: EDIBLE GARDENS!

Looking to volunteer in the Public Garden beds? Check out the "Trail Community in Bloom" Facebook page for the latest!

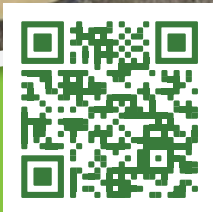


Culture. Community. Healing

Supporting Aboriginal people in the West Kootenay and Boundary region since 2013.

Visit www.coinations.net or find us on Facebook.

Learn about our June 21 Aboriginal Day gathering and other services.



For more gardening tips in Trail, visit thep.ca

KIDS ACTIVITY!

Find 12 Healthy Home and Yard Improvements made to this yard! How many can you check off in your yard? Full activity and 'before' image are online.



- ✓ Soap at the sink for handwashing before snacks and meals
- ✓ Baby playing on a blanket when on the floor
- ✓ Covered sandbox after playing
- Activities to reduce babies and children exposure to dust:**
- ✓ Wet mopping the floors
- ✓ Outside
- ✓ Windows and doors closed when windy to keep outdoor dust
- ✓ Leave shoes at the door
- ✓ Door mat at the front door
- Activities related to keeping indoor dust down:**
- ✓ Ground cover around the bushes.
- ✓ Ground cover (grass) under the swings
- ✓ Dog run zone in the yard
- Actions related to covering bare dirt:**

ANSWER KEY

TEDDY BEAR PICNIC

GYRO PARK

Join us for a day filled with children's activities, early years resources, prizes, fun and more, with your local early years service providers! Bring your picnic blankets, chairs and snacks!

WEDNESDAY JUNE 11 2025
10:00AM - 12:00PM
AT GYRO PARK IN TRAIL

FAIR
 For more information contact Sophie at: sstreleoff@traifair.ca



For more information contact the Trail Area Health & Environment Program Community Program Office

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