

# Healthy Families Healthy Homes Survey 2020-2022

## Summary of Findings

June 11, 2023

To better understand how the Healthy Families Healthy Homes (HFHH) program was working, THEP sent a survey to 120 families who participated in HFHH from 2020 to 2022. The survey was open from March 31 to April 30, 2023. 47 people (39%) responded to the survey. Respondents were from a variety of communities, with the highest number of people participating from Glenmerry, West Trail, Warfield, Sunningdale and East Trail.

The most common areas the **respondents had participated in** were blood lead testing clinics and soil testing, followed by soil management, with a smaller number participating in the Lead Safe Renovation program.

**95.45 % of respondents found the home visit helpful and felt the program responsible was a trusted source of knowledge.**



On a scale of 1-4, 95.45% of respondents selected option 3 of 4 indicating they felt that the program responsible for the home visits was a **trusted source of knowledge**, with 84.09% selecting option 4, "a lot". This indicator is part of the health section of THEP's strategic plan 2022-2027.

Respondents generally rated the in-person visits as more helpful than virtual visits.

88.64% of respondents said that **participating in the HFHH program empowered them to take steps to improve the health of their home and/or family**. This exceeds the milestone of 80% in the built environment section of the THEP strategic plan 2022-2027.

## Information and Actions

81.82% of respondents indicated that **they gained information** from the services and offerings, with 15.91% responding that they gained little to no information. 54.55% of respondents said they **learned about other community programs** from the visits. This is a lower percentage as compared with the 2017-2019 survey results (55% vs. 74%).

Not all participants received the same services or offerings, so the results regarding what was most helpful reflected the most common offerings, such as tips, hand soap, and an entry mat. Respondents indicated that the services and offerings that most **helped them to reduce health risks** from lead or potential to exposure to lead were:

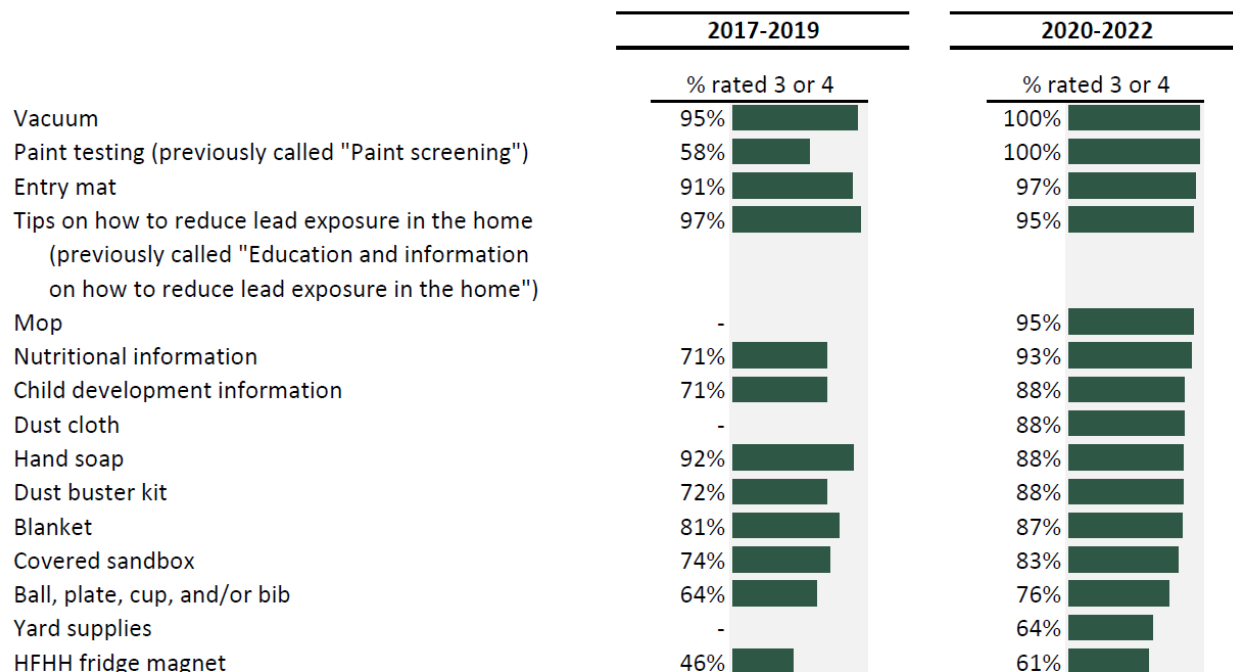
- Tips on how to reduce lead exposure in the home
- Mop
- Hand soap
- Entry mat
- Vacuum

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Overall, respondents from 2020-2022 responded that they felt more strongly that services and offerings helped them to reduce health risks from lead or potential exposure to lead.

**2020-2022 wording: (Q13) If you received the following services or offerings, please tell us to what extent you feel they helped you to reduce health risks from lead or potential exposure to lead.**

**2017-2019 wording: (Q21) If you used the following services or offerings, please tell us to what extent you feel they helped you to reduce health risks from lead or exposure to lead.**



**Paint testing/screening** was considered to be a more helpful service from 2020 to 2022 than in previous years. The need to consider other pathways for lead exposure, such as paint, was an emergent learning in the 2020 Evaluation Report, and this topic was emphasized following this learning.

When asked about what **changes they made in their home as a result of home visits**, the most common responses were wet mopping floors, vacuuming and damp dusting, as well as eating iron rich foods. Compared to the results from 2017-2019, most of the items had lower percentages of people making changes from 2020-2022 than from 2017-2019. The most extreme was for “washing and grooming pets outdoors” (38% made changes this time compared to 69% last time) but most of the differences were much smaller (roughly 3-15%). The percent of respondents making changes in **eating iron rich foods** increased from 63% to 85%. The importance of eating iron rich foods was noted as an emergent learning in the 2020 Evaluation Report and the program has since emphasized this topic.

**Questions?** Contact [programs@thep.ca](mailto:programs@thep.ca).